



POST OP CARE

TEMPORARY CROWN & BRIDGE CARE INSTRUCTIONS

Congratulations on your first step towards your new permanent crown or bridge! Here are a few points to consider until your permanent crown is ready.

MATERIAL: Your temporary crown is made from an acrylic resin that is durable and strong, but you should not chew hard things like nuts or candies as these can break the temporary.

COLOR: The color of the plastic temporary may not resemble the permanent crown color. There are fewer color options available for these temporaries compared to permanent crowns.

SHAPE & SIZE: Temporaries are custom-made for each patient, but they will not match the permanent crown design, fit and function. The main purpose of a temporary is to provide protection to the prepared tooth that will receive the permanent crown.

TOOTH SENSITIVITY: Your temporary will help protect the sensitivity of the prepared tooth. However, it will not fit your prepared tooth like the permanent crown, so you may notice sensitivity to heat, cold or sweets. This sensitivity will gradually disappear after the permanent crown is delivered.

OTHER CONSIDERATIONS:

1. The temporary cement requires about 30 minutes to set. Please do not chew anything during this time.
2. Certain foods will stick to the temporary crown. Please refrain from eating any sticky foods such as chewing gum, candies or foods that might stick to the temporary or even pull it out. We use special temporary cement that allows us to remove your temporary quickly and easily. When we deliver your permanent crown, we will use permanent cement.
3. Temporary bridges are very delicate. Please do not bite down or into any foods with your temporary bridge. Cut your food into bite-sized pieces instead of biting down or tearing it with your teeth. Even soft bread or foods can break your temporary bridge.
4. Temporary crowns have limited durability and may occasionally break or come off. If this should happen to you, please contact our office immediately, bring in your temporary and we will replace it.
5. Please do not leave the temporary crown out of your mouth. Without the temporary crown, your teeth may move and then the permanent crown may not fit!
6. The health of the gum around the temporary crown is critical in controlling bleeding and moisture during the final cementation of the permanent crown. The gum has been slightly traumatized during the preparation procedure due to the retraction of the gums. The gum line will be sore for the first few days. Excellent hygiene is the quickest way to return to health.
7. Do not brush or floss too vigorously around your temporary crown. Remember that it is important to keep the area clean - but use caution. When flossing this tooth, do not pull up through the contact point between the teeth to remove the floss. Instead, carefully and slowly pull the floss to the side to slide it out.
8. It is imperative that you return to our office at the appointed time for your permanent crown. Failure to do so may result in the need to re-prepare the tooth and re-make the crown at your cost.

PLEASE CALL US IF:

- Your gum is uncomfortable or bleeds.
- You have any questions or concerns.
- You have a problem with your bite, i.e., it feels “high” or “off”.
- Your temporary crown becomes loose or comes off.